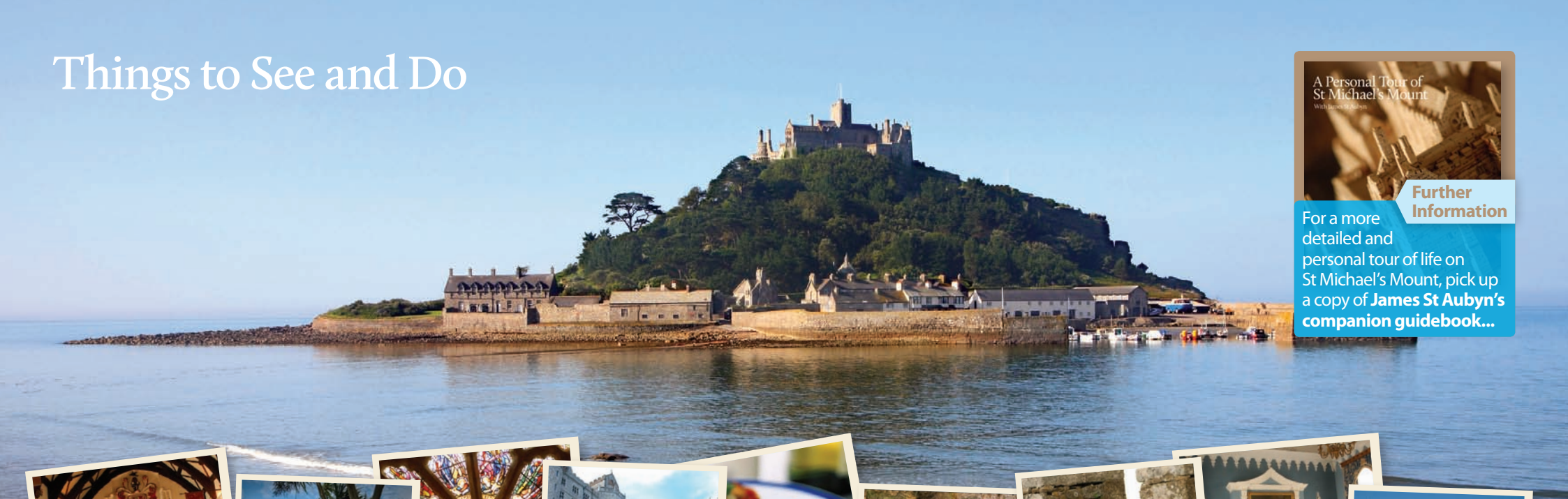


Things to See and Do



A Personal Tour of St Michael's Mount
With James St Aubyn

Further Information

For a more detailed and personal tour of life on St Michael's Mount, pick up a copy of **James St Aubyn's** companion guidebook...



Inside The Castle Walls

Climb the cobbled pathway to a fairytale castle that peers out to sea and witness architecture dating back to the 12th Century. Discover the intricate plaster frieze in the Chevy Chase room, armour and weapons in the Garrison Room and the lantern cross in the priory church.

Meet the St Aubyn family in a series of portraits and set your sights on spectacular views from the castle turrets.

Children are able to explore and learn with an entertaining quiz that leads them through the castle hunting for clues.

History & Legend

Go back in time to a monastery, a fortress, a port and a family home.

Stand on the heart-shaped cobblestone and feel the heartbeat of the mythical giant of the Mount. Legend says the giant used to wade ashore and steal cattle, until one night he was lured into a pit and slain.

According to another legend – a vision of the Archangel St Michael appeared in the year 495 to fishermen.

Marvel at the church built on the summit of the island after the Norman invasion, when St Michael's Mount was granted to the Benedictine Abbey of Mont St Michel in France.

Gardens

Infuse your senses with colour and scent in the unique sub-tropical gardens basking in the mild climate and salty breeze. Clinging to granite slopes the terraced beds tier steeply to the ocean's edge, boasting tender exotics from places such as Mexico, the Canary Islands and South Africa.

Romantics can hunt down the Medicago plant that came to the island in the wedding bouquet of the first Lady St Levan, children can follow the clues to a free prize at the end of the children's trail, and garden enthusiasts can buy a living piece of paradise to take home from our plant sales.

Shopping & Eating

Within the village are the Island and National Trust Shops both selling irresistible gifts, local art, crafts, Cornish produce and books.

You can tuck into a cream tea or a Cornish pasty at the Island Café or opt for a light-bite from the good value menu of local food and take in the sea view from the garden. Alternatively, sit down for table service and hearty dishes of the finest Cornish ingredients at the National Trust's Sail Loft Restaurant. Choose from Cornish cheeses, Newlyn crab and local fresh fish, cream tea and a selection of home-baked cakes.

Under Siege

Witness the gun batteries and suits of armour that hark back to times when the fortress was under siege during the Wars of the Roses and the Civil War.

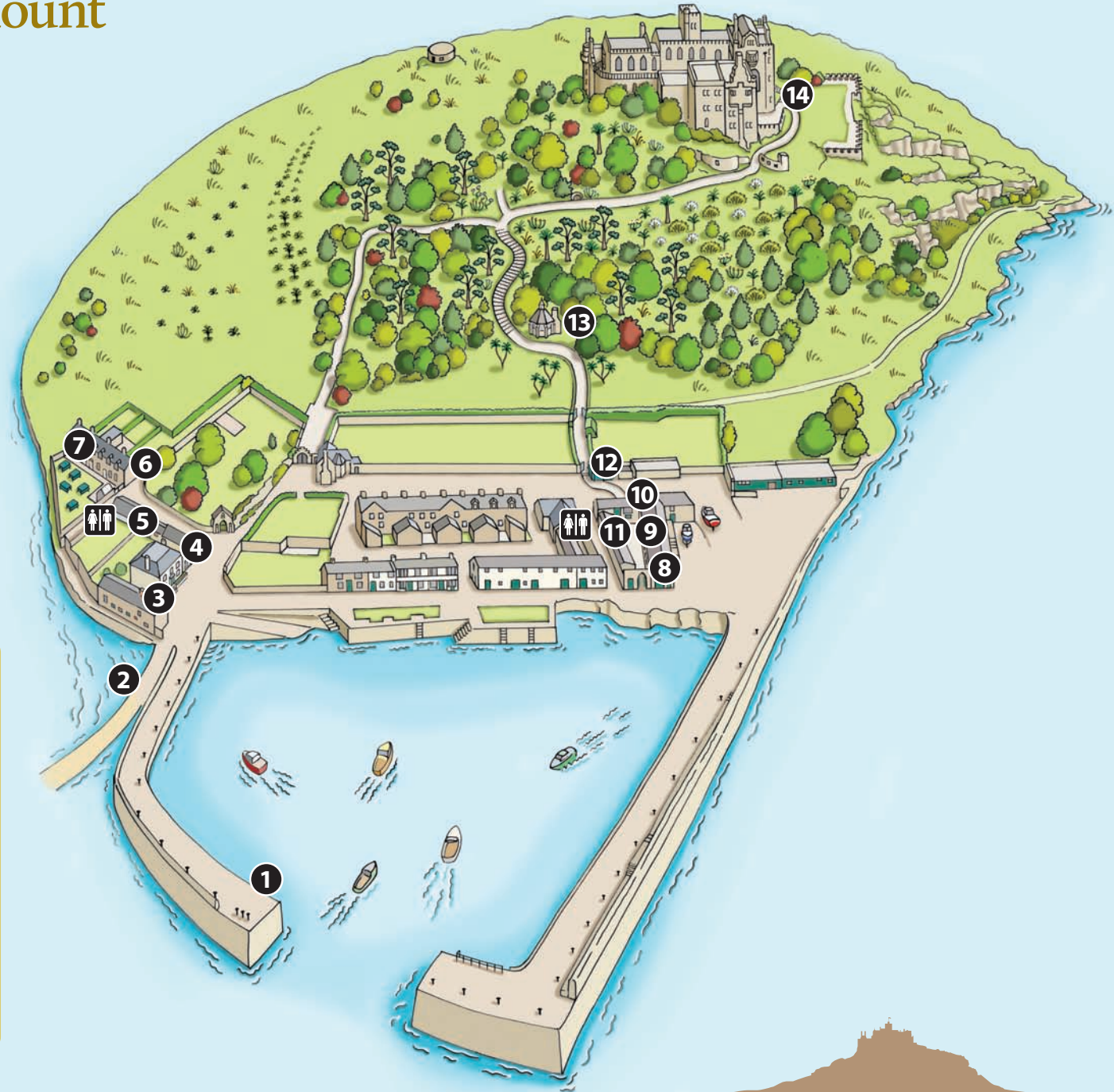
We hope you enjoyed your visit and we look forward to welcoming you again soon.

Welcome to St Michael's Mount

Fortress, Priory, Harbour, Home

Come and explore everyday life on this island idyll. Explore the castle and peer over the battlements at the astonishing sub-tropical terraced gardens or visit the living island community where the seafront cottages are home to more than thirty islanders.

In 1954 Francis St Aubyn, the 3rd Lord St Levan, gave St Michael's Mount and a large endowment fund to the National Trust, retaining a 999-year lease for the family to live in the castle. While the National Trust now ensures the preservation and conservation of the Mount, the St Aubyn family continue to live on and manage the island today as they have done since the 17th century.



Key to Map

- | | |
|---|--|
| 1 Boat Landing | 8 Castle Tickets |
| 2 Causeway to Mainland | 9 National Trust Shop |
| 3 Change House  | 10 National Trust Sail Loft Restaurant |
| 4 Island Shop | 11 Toilets    |
| 5 Toilets    | 12 Check Point (entrance) |
| 6 Garden Entrance & Plant Sales | 13 The Dairy |
| 7 Island Café | 14 Castle Entrance |