



ISLAND CAFE

Please take note of your table number
& order at the counter.

BREAKFAST

Breakfast served
9.30-11.30am.

TOASTED TEACAKE (V)

Salted butter
2.25

BACK BACON SANDWICH

Smoked back bacon, granary bread
3.75

ALL BUTTER CROISSANT

Jam, butter (v)
2.50

CREAM TEA

Two scones, Cornish clotted
cream & Cornish jam
served with tea or filter coffee

5.95

CAKES & BAKES

Please see the counter for today's
selection of fresh cakes & pastries.

Please ask a member of
staff for our vegan menu

SPECIAL DIETARY REQUIREMENTS: If you have any special dietary requirements
or any queries about allergens, please speak to a member of staff.

LIGHT LUNCHES

Served from 12-3:30pm

Please see our board for today's light lunch specials

SOUP OF THE DAY

Granary bread, salted butter
5.95

PASTIES

Cornish steak 4.95
Cheese and onion 4.95

Vegan Pasty 4.95*

*Please allow 1 hour cooking time

LITTLE ONES

KIDS LUNCH BAG 5.95

Ham or cheese roll, crisps & fruit

CHEESY PENNE (V) 5.95

Penne pasta, mature cheddar

All Little Ones meals served with a carton of orange or apple juice

SANDWICHES†

Served with seasonal side salad

PLOUGHMAN'S

Sliced gammon, mature cheddar, Branston mayonnaise, pickled onion, brioche bun
6.25

CRAB

Marinated white crab meat, lemon, chives, granary bread
9.95

BEETROOT (V)

Roasted beetroot, caraway, whipped ricotta, leaves, brioche bun
6.25

WRAPS†

Served with seasonal side salad

ROASTED VEGETABLE CAPONATA (V)

Roasted vegetables, tomato and olive, crispy lettuce, basil vinaigrette
6.25

SPICY CHICKEN

Roasted chicken, pickled carrots, cucumber, coriander, crispy lettuce, sriracha mayonnaise
6.75

†A Gluten free bread option is available for all sandwiches and wraps, please ask when ordering. All mayonnaise and sauces are vegan.

LUNCH

HOT DRINKS

Filter coffee		2.30
Espresso	SGL 2.00	DBL 2.30
Americano		2.50
Flat White		2.65
Latte / Cappuccino		2.95
Mocha		3.25
Hot Chocolate		3.25
add cream & marshmallows		50p
Pot of tea		1.95
Herbal teas		2.25
Earl Grey / Peppermint / Green / Mixed Berry		

SOFT DRINK

Coke / Diet Coke		1.70
Polgoon Juices		2.95
Apple / Elderflower / Cloudy Lemonade / Ginger Beer		
Cornish Water Still / Sparkling		1.50
Kids Juice Cartons Apple / Orange		1.25

BEER & CIDER

St Ives Brewery Golden Lager 330ml		4.50
St Ives Boilers Golden Ale 500ml		4.95
St Ives IPA 500ml		4.95
Polgoon Elderflower Cider 500ml		4.95
Polgoon Apple Cider 330ml / 500ml		3.95/4.95
Polgoon Berry Cider 330ml		3.95

WINE

Hedgerow Sauvignon Blanc Chile 175ml		4.95
Hedgerow Cabernet Rose Chile 175ml		4.95
Hedgerow Merlot Chile 175ml		4.95

DRINKS